668 Honeysucker Road
Hardeeville SC 29927
843.784.7845

STAR RIDGE STABLES RESIDENT SUMMER CAMP

Welcome to Star Ridge Stables Summer Camp! Thank you for your interest in our summer camp program. Star Ridge Stables is the perfect place to make summer memories and lifetime friends.

We believe that everyone should be able to enjoy the unconditional love of a horse. The main goal for all of our riders is to have FUN and to be safe. We believe in educating the rider on all aspects of riding – horse care, grooming, tacking, showmanship and feeding.

Star Ridge Summer Camp provides a summer of opportunities and a lifetime of memories... memories consisting of a relaxing trail ride, a bareback ride through a green pasture, a laugh with a friend, a frozen popsicle, and of course... sharing an apple with your new best friend – a horse.

Whether a camper has never been around horses or is a competitive rider, the experience at Star Ridge Summer Camp will challenge and improve her knowledge and riding abilities. Our trained staff, led by Star Ridge Stables owner, Stella Prescott, helps every camper become a better rider. All lessons are taught English style Hunter/Jumper. Each camper is given one of our great equines to take care of for their stay at camp. Campers will receive one formal hunt seat riding lesson each morning. Additional "fun" riding time is offered in the evening to all riders. Horsemanship classes are also taught daily on key topics every rider should know. .

Star Ridge Stables Summer Camp isn't just about riding! There are arts and crafts, field trips and onsite organic farm garden. During their stay at Star Ridge campers will enjoy some time at the great local beach on Hilton Head Island and a beautiful carriage ride through Historical Savannah, Georgia.

Every year, Star Ridge Stables provides horsemanship, riding lessons and great memories to girls who love horses. We are excited you have chosen to explore our fun filled summer camp program. We look forward to meeting you soon.

Sincerely,
Miss Stella
Stella Prescott, Owner/Trainer
Star Ridge Stables - stella@starridgestables

Summer Camp

Why Star Ridge Stables Camp?

- Experienced instructors, competent in jumping and dressage.

- Small classes of 6 or less, family atmosphere on a working family farm.

- Exposure to many farm activities, including feeding and caring for the horses, and helping with barn duties, all of which play a role on a working farm.

- Organic garden that contributes to daily salads.

Our equestrian program offers riding twice daily. Days are filled with horse activities geared towards developing the knowledgeable horseman. All have the opportunity to improve riding skills, stable safety, grooming, saddling, and feeding horses. Instruction is given in dressage, and hunter jumping. A protective hardhat is required at all times when mounted. Instruction is in small groups insures rapid progress. Each child has her/his very own horse to groom and ride exclusively. It is a very special partnership in which both thrive and learn quickly.

Who

"All Girl" Camps – Ages 7 to 16
Riding Levels - Beginner thru Advanced

Rates and Schedule for 2010

ARRIVAL DATES DEPARTURE DATES

A session June 12 - June 18 B Session June 19 – June 25 C Session June 26 – July 2

D Session July 17 – July 23 E Session July 24 – July 30

Prices: Any single week session $650; **Any two sessions** $1100

All deposits are non-refundable. Fee balance should be paid by April 30,2011 in order to insure continued reservation of your camp space. Campers on waiting list will be moved to camp session available.

Canceling 4 weeks prior to your camp starting –
Your money will be refunded except deposit; Non –refundable deposit
Canceling 1 to 3 weeks before your camp starting -
If we are able to fill your camper's space with another camper on waiting list your money will be refunded (except deposit); otherwise if we are not able to fill your campers space your deposit and full amount will be forfeited. With Doctor Excuse - All money paid (except deposit) may be applied to next year's session.
Switching to another camp session - If we are able to fill your camper's space with another camper on waiting list you may switch camp sessions ($25.00 office charge); otherwise; at this short date if we are not able to fill your campers space with another camper your deposit and full amount will be forfeited.

All Campers must be less than 175 lbs for riding horses, with no exceptions. We are not certified to accommodate mentally or physically challenged campers.

Arrivals and Departures
Campers Arriving & Departing By car: Campers arriving by car should plan to arrive at camp on Sunday between 2:00pm and 4:00pm. For your safety and the safety and convenience of others, please DO NOT ARRIVE EARLY (Camp staff is off for 24 hours prior to the beginning of camp, their return time is 12noon!) Parents of campers should plan to pick up camper on Saturday between 9:00am and 11:30am. Please call/email for additional information.

Campers Arriving & Departing By plane: A Star Ridge Stables staff member is available to meet campers for arrival or accompany campers for departure at Savannah International airport during specific times. There is a $25 fee for this service, and arrangements must be made by June 1. Please call/email for additional information before booking a flight.

Ranch Bank:

Is set up to help campers control and protect their money. Special hours are set up each day for withdrawals. Normally **$ 45.00** to **$ 65.00** will cover all expenditures, but parents should make their own determination as to how much money a camper brings.

Optional purchases are soda, candy, snacks, T-shirts, sweatshirts etc. If he/she is to stay another week budget at least **$ 35.00** for laundromat and dinner on Saturday evening.

What to Bring to Star Ridge Stables Resident Camp

(<u>Get a printed list of items to bring to camp</u>)

Please label all clothing and personal belongings.

☑ Bedding: One set of sheets for each week of camp or sleeping bag, pillow, pillow case, light blanket or spread

☑ Toothbrush, toothpaste, shampoo and soap

☑ 2 swimsuits

☑ Jeans or riding britches and other camp clothes (Casual dress is recommended)

☑ Riding Boots or other type of shoe with a heel (Camper will not be allowed to ride without an approved shoe)

☑ 1 laundry bag

☑ Comb and brush

☑ Socks

☑ At least 1 pair of tennis/walking shoe

☑ Pair of flip – flops for the pool/beach

☑ 2 towels (for showering and going to the beach)

☑ Water Bottle

☑ Riding helmet. SRS provides riding helmets, but you may want to bring your own; the helmet must be an approved equestrian helmet. (No Bike or Football Helmets, Please)

☑ Rain gear

☑ Suntan lotion

Optional Items

☑ Camera, shower shoes and flashlight.

☑ SRS provides saddles, all tack and grooming supplies, but you are welcome to bring your own.(Please label all tack and grooming supplies. SRS cannot be held responsible for any lost or stolen items)

PLEASE DO NOT BRING:

☑ **Expensive articles, radios or jewelry.**

☑ **NO Cell Phones or Computers.**

HINT: If possible, make sure your name is on all your items.

Whether the camper is new to horses or they ride horses in competition Star Ridge Summer Camp provides a summer of opportunities and a lifetime of memories... memories consisting of a relaxing trail ride, a bareback ride through a green pasture, a laugh with a friend, a frozen popsicle, and of course... sharing an apple with your new best friend – a horse. We believe that everyone should be able to enjoy the unconditional love of a horse. The main goal for all of our riders is to have FUN and to be safe. We believe in educating the rider on all aspects of riding – horse care, grooming, tacking, showmanship and feeding.

Lessons are designed for each class to build on one another. Horsemanship and safety are always our top priority. Lessons are designed to help each camper have fun while they learn riding and horsemanship skills. Foremost, we are committed to the safety of our camper in their pursuit of "horsey" summer fun. Horses are provided for you, so you don't need to own a horse to come to camp! Of course if you have your own horse you are welcome to bring him to camp with you. Horses are assigned to the camper based on their riding skills and personalities.

English Style Riding Lessons are daily. Each camper's riding is evaluated on Monday morning. The evaluation allows the Star Ridge Stables' staff to match up each camper with the best horse or pony for their individual riding level.

Lessons are NOT nose to tail - follow the leader. They are actual riding lessons with lesson plans to develop & improve the ability and skill level of riders!

Our horses are used year-round in our lesson program. Each horse, like our campers, is an individual. The special one-on-one relationship developed with their horse encourages each camper to foster a bond and confidence in the horse as well as their own ability. All of our horses impart a feeling of "Yes I Can" which lasts long after the days of summer.

English style lessons are taught daily by Qualified Instructors with progressive lesson plans teaching body alignment, balance, leg pressures and seat weight in communicating with her assigned horse. English lessons offered to the Beginners through Advanced riders.

Each day campers progress through these steps at their own ability. Some may take a few lessons just to accomplish one step. Experienced riders may pass through many of these building blocks in one day. Each skill must be accomplished and demonstrated satisfactorily to the instructor before moving to the next goal.

1. Grooming (including brushes/grooming tools)
2. Tacking & Un-tacking
3. Horse Safety (Catch a horse and bring in from the pasture)
4. Mounting & Dismounting
5. Steering, Stopping
6. Body Alignment
7. Maneuvering obstacles while walking (Cavalletti Poles, Cones, Circles)
8. Two Point
9. Trot (Post at the Trot, Diagonals)
10. Name parts of the horse
11. Sitting the Trot – (Moving With the Horse – Not Bouncing)
12. Canter (leads, circles and transitions from the walk)
13. Jumping 18" Crossrail line
14. Riding without stirrups (walk/trot)
15. 18" Crossrails Courses
16. Read Written Courses
17. Start 2' Verticals
18. Jumping 2' Courses
19. Count and adjust strides
20. Jumping Equitation Courses (Rollback, Bending Lines)

More Advance riders will be tested and allowed to jump according to their individual abilities.

Safety rules are reviewed and implemented with each camper.

Our horses can accommodate a rider's weight of 175 lbs or less for riding lessons. (Our horses may carry no more than 20% of his weight.)

In addition to the riding lessons, campers enjoy gymkhana games, arts and crafts, grooming and bathing.

A typical day at Star Ridge Stables Resident Camp

7:30am Wake up and get dressed for the mornings activities

8:00am Breakfast and bunk inspection

8:30am groom and tack –up for morning riding lesson

9:00am Morning riding lesson

11:00am Untack, bathe horses and morning snack (Juice or water, fruit, granola bars, or popcorn)

11:30am Barn chores; clean tack, clean stall, sweep aisle way

12:30pm Help bring in horses from pastures

1:00pm Lunch

1:30pm Afternoon activities include going to the beach, pool or a carriage ride in Historical Savannah, Ga.

3:30pm Horsemanship lesson, barn time and snack (Cookies, popsicles and juice are provided but campers can purchase soda, candy and chips using money from their Ranch Bank account)

5:00pm Help hay and feed horses

6:00pm Wash up for dinner

6:30pm Dinner

7:00pm Counselors lead an evening activity. Examples of evening programs are campfires, scavenger hunts, evening trail ride, and horseless horse show.

9:00pm Campers get ready for bed

10:00pm Lights out